

The CAI Approach is specifically designed to use the principles of adult learning in all instruction and classroom interaction. All CAI conducted training utilized the principles pioneered by Malcolm Knowles (1984) is recognized as the 'father' of adult learning. CAI conducted training is tailored to the groups present for each class. Effective learning requires that participants are challenged but not overwhelmed and that they have a chance to practice and apply new learning in a safe and supportive environment. It is assumed that those in Leadership I will be at a novice to intermediate level of learning, while those in Leadership II will have experience as leaders. Instructors will explore the level of expertise of the participants through class discussions and modify material, if necessary.

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